



Hello! Welcome to Stanwood Camano Physical Therapy! We are sincerely grateful to have this opportunity to serve and care for your needs. In order to make your first time with us more enjoyable, we have a list of information below to help prepare you for your visit.

What to Expect:

- Upon arriving for your evaluation, you will be asked to fill out some paper work, if you haven't already done so.
- We will ask you for a prescription from your doctor, a copy of your insurance card and a copy of your Driver's License.
- If applicable, you will be asked to pay your co-payment at the beginning of each session. (We accept cash, checks, Visa and MasterCard.)
- Your appointments last from 45-60 minutes with a Physical Therapist.
- Based on the results of the evaluation and the Physician's recommendations, the Physical Therapist will determine the number of follow-up visits per week.

Check list of what to bring to your first appt:

- Dress comfortably for your evaluation in loose fitting clothing. Shorts, athletic pants, tank tops, and/or t-shirts are all appropriate depending on what part of the body we are evaluating. (No Jeans)
- Wear closed toed shoes, preferably a pair of stable tennis shoes.

If you have your paperwork, please bring:

- Patient Information Sheet
- Patient Consent
- TAOS functional analysis, if applicable
- Please remember to bring a prescription for physical therapy from your referring physician if it hasn't already been faxed to our office.
- We will need to make a copy of your insurance card/cards, and your driver's license.

Our location:

